STATE OF MONTANA

DPHHS/Senior & Long-Term Care Division/Aging Services | Community Food & Agriculture Coalition

2023 SENIOR FARMERS' MARKET NUTRITION PROGRAM APPLICATION

Name of Applicant						
Address	Email:					
			County			
Phone	*Number in Household					
Age	Pirthdata					
You must be 60 years of age or Participation in the SFMNP does		_				
*List All Other Household Members			\ge	Date of Birth		
ETHNICITY: Hispanic/La	atino 🛮 Non-Hisp	anic/Lati	no **(select only or	ne)		
□ Native Hawaiian or Other (We ask your help in full completion of the needs within the community. This information is a second of the needs within the community. This information is a second of the needs within the community. This information is a second of the needs within the community. This information is a second of the needs within the n	nis information. This helps us ation does not affect vour eli	ensure we a aibility and is	re meeting the guideli not shared with other	entities)		
# of people in household	Maximum ANNUAL income		Maximum MONTHLY income			
1	\$26,973			\$2,248		
2	\$36.482		\$3,041			
3	\$45.991		\$3,833			
4	\$55,500		\$4,625			
5	\$65,009		\$5,418			
For each additional person in the		\$9,509 une 30 '24	ANNUAL incor	me total \$793 monthly		
HOUSEHOLD INCOME:	<u> </u>	.2				
Indicate source and amount of current (last month's) income			Amount	How Often Received		
before deductions, such as	Social Security					
taxes and Social Security.	Disability Bene	Disability Benefits				
If last month's income is not	Pension/Retirement					

If last month's income is not representative, please project your annual income. "Other" income includes income from trusts, contributions from relatives, etc. SNAP (Food stamps) does not count as income.

	Amount	How Often Received
Social Security		
Disability Benefits		
Pension/Retirement		
Employment		
Self-Employment		
Other (Specify)		
Total Household Income		

This Box for Distribution Agency Only	are of age. \square Over income
IF INELIGIBLE FOR SFMNP, STATE REASON ☐ Under 60 year	ars of age
□ *Other	
□ *The applicant has been provided with information about a	ppealing the determination
	_
f for any reason you cannot personally get to the market, you can ap	ppoint a proxy to shop for you.
hereby authorize the following individual to act as my proxy for all S	SEMNP activities:
Thoropy dutilonize the following marviadar to dot do my proxy for all o	i vii vii dolivilioo.
NAME OF PROXY	RELATIONSHIP
Participant Certification	
have been advised of my rights and obligations under the SFMNP,	as outlined on page 3. Licertify
hat the information I have provided for my eligibility determination is	
knowledge. This certification form is being submitted in connection v	
assistance. Program officials may verify information on this form. I u	
making a false or misleading statement or intentionally misrepresenti	
acts may result in paying the State agency, in cash, the value of the	
o me and may subject me to civil or criminal prosecution under State	e and federal law.
Standards for eligibility and participation in the SFMNP are the same	for everyone, regardless of race,
color, national origin, age, disability, or sex (including gender identity	
understand that I may appeal any decision made by the local agency	
SFMNP. You have a right to a fair hearing. Call 1-800-332-2272 for	help.
SIGNATURE	DATE
	20.5
COUPONS CAN ONLY BE USED JUNE $1 - 00$	CT 31, 2023

I HAVE RECEIVED NUTRITION EDUCATION MATERIALS (CIRCLE ONE): YES NO

(If coupons are unavailable when you apply, you will be placed on a waiting list. If more coupons become available, they will be issued based on date of application.)

(Revised 1/31/2023)

SENIOR FARMERS' MARKET PROGRAM GUIDELINES (THIS HANDOUT IS PROVIDED TO THE APPLICANT)

The Senior Farmers' Market Nutrition Program (SFMNP) is funded through a grant from the US Department of Agriculture (USDA). It allows senior citizens to purchase fresh locally grown vegetables, fruits and herbs



- Your coupons can only be used at vendors displaying the Farmers' Market signs with the logo pictured at the right.
- Coupons are good only for the Farmers' Market in the county they are issued. Do not redeem them at markets outside your county. NOTE: Coupons will expire October 31, 2023
- You cannot sign up and receive coupons at more than one market/program site. Dual participation is illegal and in violation of 249.6(d)(1)
- You can buy up to \$4.00 worth of fresh fruits, vegetables, herbs, and pure honey with each coupon. USDA regulations prohibit the use of coupons for anything other than in state fruits, vegetables, herbs, and pure honey. See reverse side for list.
- No change can be given if your purchase is less than \$4.00.
- Coupons cannot be used at grocery stores, only at your local summer farmer's market or approved farm stands (designated by SFMNP poster displayed)
- You can supplement your purchases with your own cash if you wish.
- Lost or stolen coupons cannot be replaced.
- You can designate another person (a proxy) to buy food for you at the time of application and by writing the proxy's name on the front of your coupon book.
- Coupon book covers cannot be redeemed for food, only the 6 numbered coupons.
- Participants cannot share SFMNP food with non-participants.
- If you have any questions, problems or other complaints about this Program, contact the State Aging Office toll free at 1-800-332-2272 or CFAC (Program Administrators) at (406)926-1625
- If your application is approved, the local agency will make nutrition education available to you and you are encouraged to participate.

USDA NONDISCRIMINATION STATEMENT

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) Mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

This institution is an equal opportunity provider.

(This handout is provided to the applicant) LIST OF ELIGIBLE FOODS FOR FARMERS' MARKET NUTRITION PROGRAMS

FRESH VEGETABLES (In state grown only)

Asparagus Artichokes Beans, green, long or waxed

Beets Broccoli Brussels Sprouts
Cabbage Carrots Cauliflower
Celery Chinese Cabbage Collard Greens

Corn Cucumbers Eggplant Kale Kohlrabi Leeks

Lettuce/Tender Greens Mushrooms Mustard Greens

OkraOnionsParsnipsPeasPeppersPotatoesPumpkinsRadishes/HorseradishesRhubarbRutabagasSpinachSquash

Sweet potatoes Swiss Chard Tomatoes/Tomatillos

Turnips/Turnip Greens Watercress Zucchini

FRESH FRUITS (only fruits produced in MT are eligible for coupon exchange)

Apples *Apricots (in state only) Blackberries
Blueberries Cantaloupe Casaba Melons

Cherries Chokecherries Currants

Gooseberries Grapes Honey Dew Melons
Huckleberries *Nectarines (in state only) *Peaches (in state only)

*Pears (in state only) Plums Raspberries

Strawberries Watermelons

FRESH HERBS

Cut fresh herbs only, no chopped, processed, packaged herbs

BasilChivesCilantroDillFennelGarlicMarjoramOreganoParsleyPeppermintRosemarySavorySageShallotsSpearmint

Tarragon Thyme

PURE HONEY PRODUCED IN MONTANA

ITEMS THAT <u>CANNOT</u> BE PURCHASED WITH COUPONS

USDA only allows fresh produce to be purchased through this grant. Processed produce, non-produce, or non-foods items are **prohibited**, including but not limited to:

Baked Goods Cheese Crafts

Dried fruit Eggs Flavored honeys

Jams / Jellies Juices Meat / Chicken / Fish / Seafood

Nuts / Seeds Plants (Flowers, Herb, Vegetable)

ANY ITEM NOT PRODUCED IN MONTANA